

Report Summary of the 11th Asian Youth Air Rifle Training camp and course 2023 Colombo Sri Lanka.

Coach Deepak Dubey <shivdeep726@gmail.com>

Tue 25-Jul-23 5:27 AM

To:Asian Shooting Confederation <asc@asia-shooting.org>

 26 attachments (5 MB)

IMG-20230724-WA0047.jpg; IMG-20230724-WA0049.jpg; IMG-20230724-WA0064.jpg; IMG-20230724-WA0046.jpg; IMG-20230724-WA0056.jpg; IMG-20230724-WA0063.jpg; IMG-20230724-WA0052.jpg; IMG-20230724-WA0051.jpg; IMG-20230724-WA0070.jpg; IMG-20230724-WA0059.jpg; IMG-20230724-WA0069.jpg; IMG-20230724-WA0054.jpg; IMG-20230724-WA0045.jpg; IMG-20230724-WA0058.jpg; IMG-20230724-WA0067.jpg; IMG-20230724-WA0071.jpg; IMG-20230724-WA0065.jpg; IMG-20230724-WA0068.jpg; IMG-20230724-WA0062.jpg; IMG-20230724-WA0072.jpg; IMG-20230724-WA0053.jpg; IMG-20230724-WA0050.jpg; IMG-20230724-WA0048.jpg; IMG-20230724-WA0061.jpg; IMG-20230724-WA0055.jpg; IMG-20230724-WA0066.jpg;

To ,
The President
Asian Shooting confederation

Respected sir ,

I wanted to take a moment to express my heartfelt gratitude to each and every one of you at ASC HQ

First and foremost, a massive thank you to the organizers of this training camp / course for giving me the opportunity to be a part of the Camp as an instructor.

Your tireless efforts and meticulous planning have made this experience truly unforgettable. From the moment we arrived at the airport to our departure, the host shooting federation of Srilanka have been there every step of the way, ensuring our comfort and happiness. The seamless organization and warm hospitality have made this camp a resounding success.

I work in the camp with the following concept of shooting
@Technical
@physical and
@Psychological.

For Technical - I tried to upgrade the following areas of shooting sports like - (i) Quality of objectives (ii) Performance objectives (iii) Technical Objectives (iv) Physical Objectives and (v) Tactical objectives

For Physical Objectives I introduced Yoga And it's benefits in shooting.

Theory classes also been organised for the athletes and coaches. The Equipment Control guidelines and lesson plan conducted for the Coaches in the course.

A competition also organised for the athletes during the camp as per the ISSF/ASC Norms. The objective of the camp is to make them more aware of safety rules followed by technical rules and more how to handle the pressure in the Final.

At the end of the report I would like to thank once again to the President ASC , Secretary General Of ASC All team members of HQ ASC and President of Srilankan federation and To the wonderful people of Sri Lanka, thank you for opening your hearts and embracing us with such kindness. Your generosity, hospitality, and genuine warmth have left an indelible mark on our hearts. The city tours you arranged allowed us to immerse ourselves in the rich culture and breathtaking beauty of your country. Your passion for your homeland shown through, and we are incredibly grateful for the opportunity to explore and learn.

Furthermore, I want to extend my gratitude to all the participants from other countries. Your presence and contribution have enriched this camp in ways beyond measure. The exchange of cultures, skills, and experiences has been invaluable, fostering an atmosphere of global unity and friendship.

As we prepare to bid farewell to Sri Lanka, let us carry with us the memories, experiences, and lessons learned. Let us continue to nurture the friendships we've formed and celebrate the spirit of sportsmanship that brought us together.

Once again, a heartfelt thank you to all of you who made this camp a resounding success. Together, we've created something truly special, and I am grateful for the opportunity to be a part of it.

Wishing you all the very best in your future endeavors.

Here, I am attaching some photos and the results of the match which was conducted there.

With Warm Regards,
Deepak Kumar Dubey
Course Instructor
For ASC