

Program

Date	Time	Activity
Wednesday, December 1 st , 2010	Arrival day	
Thursday, December 2nd, 2010	09:00-11:30	General Introduction on program, venue, firearm and ammunition safety
	11:30-13:00	Lunch break
	13:00-16:00	Test, Q&A
Friday, December 3rd, 2010	09:00-11:30	Coaching skills, theory and practice
	11:30-13:00	Lunch break
	13:00-16:00	Establishment and implementation of training plan, summary, practical test, Q&A
Saturday, December 4th, 2010	09:00-11:30	Coaching skills, theory and practice
	11:30-13:00	Lunch break
	13:00-16:00	Theory and methods of psychological training, practical test, Q&A
Sunday, December 5th, 2010	09:00-11:30	Theory and methods of psychological training, practical test, Q&A
	11:30-13:00	Lunch break
	13:00-14:00	Antidoping, methods of physical training, Q&A
	14:00-16:00	Course summary, practical test, course examination, Q&A
Monday, December 6th, 2010	Departure	